

UPSK Families COVID Protocols
From: Brigid Kennedy, President Ursuline Sisters Mission

COVID PROTOCOLS (as of 8/17/22)

Mask-wearing: masking by students and adults is not required, but strongly recommended when the CDC Community Level for our county is HIGH. Staff members may continue to wear masks for all or part of the day, depending on their individual circumstances and personal choice. Please respect their decisions, as we will respect you and your family's choices in this matter.

Quarantine and Isolation:

- A. If your child has **any symptoms of illness and has no known exposure to COVID**, keep your child home until she/he is fever-free for 24 hours and symptoms improve. Consult with your child's doctor to determine if COVID testing is needed.

- B. If your child **tests positive for COVID**, the isolation length depends on several factors, but in ALL cases, to return to school your child must be fever-free without medication for 24 hours, have improving symptoms, AND be able to strictly mask through the end of Day 10.
 - 1. If NO symptoms, isolate through at least the end of the 5th day after the test was conducted (Day ZERO).
 - 2. If MILD symptoms, isolate through the end of the 5th day after the symptoms began (Day ZERO), even if they began AFTER the test was done.
 - 3. If your child has a compromised immune system OR experienced moderate symptoms (difficulty breathing) or severe illness (usually requiring hospitalization), your child may need to stay home through Day 10 or longer, according to medical advice.
 - 4. If your child cannot strictly mask after the initial isolation period, he/she can return to school with two negative tests 48 hours apart (at least one proctored or clinical) or after 10 days.

- C. If your child **has been exposed to COVID, Day ZERO is the day of the last exposure:**
 - 1. If your child develops symptoms, assume your child has COVID and follow the directives above for COVID illness unless a medical provider releases your child to return to school.
 - 2. If your child is NOT symptomatic, and the exposure is not ongoing or prolonged (not a member of your household or someone your child spends a lot of time with like a sitter or grandparent), your child does not need to quarantine but must strictly mask through Day 10 OR stay home at least until a negative test (proctored or clinical) on Day 6.
 - 3. If your child is NOT symptomatic but the exposure is ongoing or prolonged, we will decide the need for quarantine case-by-case.